

Dear Parents/Carers and Students

A belated Happy New Year and welcome back! We look forward to a successful 2017 in what will be a busy final two terms. Looking ahead, we have numerous trips and activities booked into the calendar, alongside the fast approaching GCSE examinations. We have been delighted that the vast majority of students have responded so positively to the introduction of the new Behaviour Policy and rules covering mobile phones. Unfortunately there is a small minority of students who continue to have phones confiscated. We remind students and parents/carers that following the third confiscation, parents/carers will be expected to collect their son/daughter's mobile phone. Please impress on students that their phones must be switched off and in their bags between 8.40am and 3.30pm. Checking the time will not be accepted as a reason for having their phone out.

Sixth Form Applications

Bohunt Sixth Form deadline for applications is 1st March. Hand your applications into reception. Guidance interviews will begin in March.

A-Level course added:

In response to student feedback, we are now offering English Language A level. See the Sixth Form website for more details: www.bohuntsixth.org

Bohunt School Carol Concert

Congratulations to all 120 students who took part in the Christmas concert full of music dance, drama and art. It was a fantastic festive evening enjoyed by all. It was a great success and some fantastic talent was showcased! Well done to our junior school students who took part in the concert with the orchestra.

Greatham Primary School Visit

Before Christmas, Bohunt students from the Big Band and String Quartet visited Year 4 pupils at Greatham Primary School to perform and teach students about sound and how their instruments work. It was a successful and highly enjoyable afternoon; a massive thank you to all involved!

School Musical Production Launch

Our school musical to take place in July will be launched over the next week. Please encourage students to keep their eyes and ears out for the advert and audition details.

Spring Concert/Electric Proms

All students currently participating in any of the following ensembles will be involved in our fantastic Spring Concert/Electric Proms to be held in the MPH: GCSE music groups, Orchestra, Big Band, Ska Band, Rock Workshops, Choir, String Quartet, Brass Ensemble, Woodwind Ensemble, Guitar Ensemble, Vocalise/A Capella Group and even a surprise staff performance. We look forward to this wonderful event.

ABRSM Music and LAMDA results

Congratulations to our students who passed their practical and theory Music and LAMDA exams last term.

Rock Challenge Tickets

Tickets to attend Rock Challenge are now available from the Portsmouth Guildhall box office. Parents and staff are encouraged to buy tickets to come and watch the evening performance and support the students involved. The event is on 27 February. Please call the Portsmouth Guildhall Box Office to book on 0844 8472 362.

Dance Trips

The Dance Department is offering dance students the opportunity for two upcoming trips; 'Pineapple Studios' as well as 'Move It Festival', which will take place on 21 January and 12 March respectively. We look forward to students being inspired by a variety of dance styles; both performing and watching. Please see Miss Richards for more details.

Year 10 Vaccinations

The vaccinations will take place throughout the day on Wednesday 25 January and the morning of Thursday 26 January. Please ensure all forms are returned by Monday 16 January.

Bohunt Wokingham Climbing Wall

As of 11 January, Bohunt Wokingham Climbing wall now opens to the public on Wednesday nights during term time. The climbing wall has recently been refurbished, standing 9m high with 20 roped lines and a dedicated bouldering area with 18 circuit breakers. The wall provides opportunities for all levels, from novice to experienced climbers. If you would like to find out more then please contact Sam Kendall, Coordinator of Outdoor Education at skendall@bohunt.hants.sch.uk

A Huge Thank You to Opie House Tutees!

During the month of December tutees from Opie House took part in the 'Reverse Advent Calendar'. Students brought in an item of non-perishable food each day and placed it in the 'Reverse Advent Calendar' box in their tutor base. By the time we broke up for Christmas we had a good selection of food which we donated to local food banks. Thank you parents/carers for your generosity with this too! It was lovely being able to support the community and we hope that for some students this may become a new tradition - a perfect act of kindness for those struggling to put food on the table during the holiday season.

Sporting Success

Congratulations to the following students selected to attend the South England Regional Performance Centre for Basketball:

Year 10 – Stan Mellstrom and Toby Williams

Year 8 – Lewis Barrett Berry, Owen Adair and Sam Riley.



Cross Country

The following students have qualified to represent South East Hampshire on Saturday 21 January at Southampton Sports Centre. These students have qualified for this after finishing in the top 16 at the regional race held at Horndean Technology College. A special mention for Liam Dunne who finished 2nd in his race!

Junior Boys: Liam Dunne, Alfie Henderson-Watt, Frank Kelson & Tom Dorton

Junior Girls: Tiffany Read, Samantha Roberts, Charlotte Cushen & Eliza Porter-Wright

Intermediate Boys: Carrick Stirling, Tom McKnight

Music Tuition Progress Meetings

To all parents/carers of students having music lessons at Bohunt School there will be a chance to meet the music teachers and speak to them in person about your son/daughter's musical progress. These will take place over the two evenings of Tuesday 21 March and Wednesday 22 March in the music department. More details will be sent out in due course.

Year 11 History

All Year 11 History students are welcomed to a weekly drop-in History session on Thursday lunchtimes from 13.10 to 13.40 in classroom B2. Students are welcome to bring their lunch and use the session to ask for help with homework, exam questions, topics and general History questions.

TESLA Train to Teach

Would you like to train to teach? TESLA will be running information events on the following dates:

19th January 2017,	4:00-6:00pm	Priory School
19th January 2017,	10:00-11:30am	Chichester Free School
25th January 2017,	5:00-7:00pm	Bohunt Liphook
26th January 2017,	4:00-6:00pm	Midhurst Primary
31st January 2017,	5:00-7:00pm	Bohunt Worthing
31st January 2017,	10:00-11:30am	Camelsdale Primary
1st February 2017,	4:00-6:00pm	Bohunt Liphook
1st February 2017,	10:00-11:30am	The Petersfield School
7th February 2017,	5:00-7:00pm	Eggar's School

For further information, speak to the team at TESLA on 01428 724 324 or email cfleischner@bohunt.hants.sch.uk

Upcoming events:

Naples Information Evening	Tuesday 17 January – 6pm
Rock Challenge Rehearsal	Friday 20 January – 3.45pm – 5pm
Year 7 Drama Showcase	Tuesday 24 January
Year 9 Consultation – School Closes at 12.40pm	Thursday 26 January – 2pm – 8pm
Inset Day	Friday 27 January
Big Expedition Training Weekend	Thursday 2 to Sunday 5 February
Year 7 Consultation – School Closes at 12.40pm	Monday 6 February – 2pm – 8pm
Year 7 Spanish Trip Information Evening	Monday 13 February 6pm onwards
Year 8 & 10 School Photographs	Wednesday 15 February
English – An Inspector Calls Trip	Wednesday 15 February
Dance performance at East Hampshire Sports Awards	Thursday 16 February
School Closes for half term	Friday 18 February
Rugby and Hockey Tour	Saturday 18 to Thursday 23 February
Naples Trip	Sunday 19 to Thursday 23 February
School opens after half term	Monday 27 February
Rock Challenge	Monday 27 February
Year 8 Consultation – School Closes at 12.40pm	Thursday 2 March
Inset Day	Friday 3 March
Provisional Year 9 Pathways Evening	Wednesday 8 March
Provisional Year 9 Pathways Evening	Tuesday 14 March
Provisional Year 8 Pathways Evening	Wednesday 15 March

Emotional Health and Well Being

Helping Your Child to Revise

As we start the new term, it can be tricky to get back into the swing of things and may be particularly difficult motivating our children to continue to revise and work hard as they approach key assessments and examinations.

Parents and carers have asked us to share some tips for helping our children to revise at home. Sometimes it can feel as if, as parents and carers, it is difficult to even have a conversation about revision and work, let alone offering advice that will be graciously accepted!

It is important to communicate with your children and support them with their work and revision routines.

The following information can be found at website www.skillsyouneed.com and aims to support parents and carers with keeping the lines of communication open with their children at home.

It also covers some top tips for helping with revision at home:

1. Encourage your child to **read** the page on 'Revision Skills' and trial and error a few to see which work best for them.
2. **Ask your child** what support, if any, they would like from you in the lead up to assessments and examinations. It is wise to choose your moment for this discussion, and to pitch it as an opportunity for them to let you know what they need.
3. Provide a **suitable environment** for study. This does not always mean a silent space and a pile of books on a desk. This could mean keeping younger siblings occupied, to allow your other child(ren) the space to revise, or it could mean acting as timekeeper for your child and letting them know when it is their time for a break. Keep these routines as positive as possible.
4. Make sure they **are looking after themselves**. Ensure they have a balanced and healthy diet, and one cooked meal a day. They also will need enough sleep, which can be difficult to monitor at times. Encourage them to leave their devices out of the bedroom at night time and they should stop looking at a computer screen plenty of time before sleeping.

If you have any subject specific questions, please encourage your child to continue to seek advice from the teachers here at school. We are always happy to advise how best to revise a particular topic and can guide students if they are struggling.

This term is a busy one for all students, no matter which year group they are currently in; if we instil in them these good habits of work at home as early as possible, it will boost their independence and potential over time.

Adult Mindfulness 6 Week Course

@ Bohunt School, Liphook



Mindfulness is the cultivation of skills that reduces stress, develops greater focused attention and concentration and increases our capacity to effectively manage life's complexities.

Mindfulness practice may lead to positive life changes including:

- * **Reduced stress and anxiety**
- * **Improved concentration**
- * **The ability to deal with negative emotions**
- * **Reduced insomnia**
- * **The ability to cope with difficult life events**
- * **A greater sense of happiness and wellbeing**

Course Location: Bohunt School, Liphook

Course Dates: Wed 8th February— 22nd March 2017

(Half Term week 22nd Feb no class)

Times: 7.30pm—9.00pm

The course includes an audio link to guided meditations, course manual, private FB page and email support during the course.

Bohunt Parents Offer—6 Week Course Price : £150

Please contact Natasha to book your place and for more details:
07733 033726 or email natasha@natashabrittan.com