



ABOUT STEPPING STONES

The Stepping Stones programme promotes positive mental health and provides regular opportunities for young people to use creativity to build emotional resilience. The high-quality programmes are delivered by professional artists and held in Hampshire Cultural Trust venues. Joining the programme will boost confidence, communication and social skills. It is fun, can make participants feel great and is a great way to meet other young people in a safe and supportive space.

WHAT'S INVOLVED IN THE PROGRAMME

Come and join us on the Stepping Stones programme for a chance to explore your creativity by working and playing with clay. It will be a wonderful opportunity to relax and learn new skills, while building a collection of ceramic pieces in a small friendly group. This programme is led by artist Jill Maguire. Throughout the course we will learn new skills to include: Slab building, coiling, decorating with underglazes, and simple sculpting. The sessions will be flexible so that you can have fun exploring your own creativity with guidance. It is also wonderful opportunity to new make friends in a relaxed and welcoming space.



PROGRAMME LOCATION AND DATES

THE ALLEN GALLERY, ALTON

🕒 Saturdays 01 November – 06 December 2025, 10:30am-12:30pm



HOW TO GET INVOLVED

- ③ This programme is for young people aged 10 – 16 yrs and whose mental health and wellbeing would benefit from engaging in creative activity.
- ③ This programme is free of charge and all materials will be provided.

*Please note, this course will be taking place on the upper floor, which must be accessed via stairs. Please contact the museum for further information.



To register interest, please scan the QR code or go to <https://www.hampshireculture.org.uk/event/stepping-stones-allen-gallery>.

Details are correct at the time of production, but may be subject to change.



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